Schweitzer Snowsports

# 2024/2025 TRAINING GUIDE

Schweitzer Ski and Ride School



The Schweitzer Ski and Ride School (SRS) leadership team will provide ongoing training throughout the season. These trainings are available to help you achieve your personal riding/skiing and teaching goals, whether that is to learn a new skill, increase your bag of tricks, take an exam, or increase your requested private lessons. This section provides numerous opportunities that will be available to you throughout the season. There will be three types of training opportunities: required/paid clinics, optional clinics, and PSIA/AASI clinics. The goal of the SRS leadership team is to provide you with options, and it will be up to you to determine what best fits your schedule and life. If you have specific requests for clinic topics or training opportunities, please reach out to a SRS supervisor and we will do what we can to help you achieve your goals.

## Mandatory/Paid Training

Mandatory training is something that allows the Schweitzer SRS to ensure we are providing a quality product to our customers. The SRS leadership team will provide pre-season training as well as opportunities throughout the season that will be mandatory and paid at the instructor's teaching wage. With a large staff, it is difficult to accommodate everyone, however, the Schweitzer SRS leadership team will attempt to provide as many mandatory training opportunities as possible to accommodate the team and schedule mandatory trainings on the staff's regular workdays.

### **Missed Mandatory Trainings**

- If, for any reason, a mandatory training is missed or unattended, the instructor will only be assigned lessons between levels 1 and 3 until the mandatory trainings have been satisfied.
- If a multi-week program instructor (i.e., Funatics/MX) misses required multi-week trainings, the instructor will lose the additional pay for a seasonal commitment to the program.

Below is a list of required trainings with details provided in their respective sections of this document.

**1.** <u>Pre-Season Training</u> (see Pre-Season Training Section)

#### 2. Mandatory Clinics

- a. Safety/Responsibility Code
- b. First-Time Progression (Level 1-3)
- c. Group/Class Management (e.g., Teaching Splits)
- d. Adaptive (Without Equipment/Neurodivergent)
- e. Tour 'de Schweitzer (Appropriate Terrain for Different Ability Levels)
- f. Freestyle (Park SMART/Outside-In)
  - i. Required ONLY for multi-week coaches and those wishing to teach freestyle elements.
- g. Funatics/Mountain Explorers (MX)
  - i. Required ONLY for those teaching these programs.



### 3. <u>In-Season Training (Paid and Non-Paid):</u>

- a. Full-time staff once a week on weekdays after school groups, weekends, and or when the schedule allows (45 min to 1.5 hours)
- b. Part-time staff at least twice a month (Dec-Feb.) on weekends from 07:45 to 08:25 (Sat/Sun), and during the week as needed.
- c. Funatics & MX coaches 3 sessions total, 2 hours each (early Christmas break, Presidents Day weekend, and MLK weekend)

#### Clinics

Clinics are an opportunity for you to take a lesson from the best of the best. Similar to instructors giving lessons to guests, we want to continue learning and growing as well. What better way than to learn from the trainers at Schweitzer? All clinics will be run by Schweitzer SRS trainers who are Level 2+ PSIA-AASI certified. We will offer both scheduled and ad-hoc clinics.

- Scheduled Clinic topics and times may vary depending on trainer availability and snow conditions. If a clinic will be cancelled, we will try to provide notice asap but understand there may be circumstances that outside of our control. A calendar will be published at the beginning of the season on dates/times clinics will be provided. It is on the Training Board in the locker room, a online calendar will also be available.
- Ad-hoc clinics may be provided during slower operation times. All ad hoc clinics require a minimum of 3 participants.

#### **Clinic Hours**

Clinic Hours allow instructors to increase their hourly wage. For every 10 hours of non-required training, Schweitzer SRS will increase the instructors hourly wage by \$0.25, effective the next pay period. This includes any PSIA/AASI clinics attended at Schweitzer or other mountains throughout the season.

Once you have completed 10 hours of Non-Paid clinic hours, email <u>tehring@schweitzer.com</u> with the following information:

Your name, date of clinic and how long of each training topic, and who gave the clinic, for example:

Joe Smith – Ski Instructor 11/15/2024 – 1 Hour – Working on Turns – Trainer (Debra) 11/17/2024 – 1 Hour – Level 1 Prep – Trainer (Shawna)

Ski Trainers: Jay, Terry, Debra, Shawna, MJ, and Tom



Snowboard Trainers: Ryan H., Matt, Marty, Dan and Josh

#### Clinic Topics (\*Denotes Required Clinics)

The below list is NOT all encompassing.

- Safety/Responsibility Code\*
- Beginner Progression (Level 1-3) \* (Group lessons, KK)
- Group/Class Management (Teaching Splits)\*
- Adaptive (Without Equipment/Neurodivergent)\*
- Freestyle (Park SMART/Outside-In/Terrain Park-jumps, rails, side hits)\*
  - Required ONLY for multi-week coaches and those wishing to teach freestyle elements.
- Tour 'de Schweitzer (Appropriate Terrain for Different Ability Levels)\*
- Funatics/MX\*
  - o Required ONLY for those teaching these programs.
- Playful/Creative Teaching
- Terrain Based Learning
- Skier/Rider Improvement
- Teaching Concepts
- Tech Talks
- Fun & Games
- Movement Analysis
- Video MA
- Racing
- VAK (Visual, Auditory, Kinesthetic) Clinic (e.g., No Talking Clinic)
- Cross-Training in Another Discipline
- Switch
- What to Expect in a PSIA-AASI Exam
- CAP Model
- Exam prep
- Nordic

#### Tech Talk (Teams call) Training

Tech talks will be available in the off-season as well as opportunities throughout the season to help instructors brush up on topics like people skills, teaching skills, technical skills, and movement analysis. This training is ultimately for 'YOU' so feel free to make suggestions or express interest in topics you would like to cover.



The Professional Ski Instructors of America and the American Association of Snowboard Instructors (PSIA-AASI) is the world's largest organization dedicated to teaching people how to ski and snowboard. For more details, visit the national or northwest region websites.

- PSIA-AASI National Website https://www.thesnowpros.org
- PSIA-NW Regional Website https://www.psia-nw.org

#### Becoming a Member

When you become a member of PSIA-AASI, your annual dues (\$134) allow you access to training across the entire country, free digital manuals, e-learning courses and webinars, free subscription to the 32 *Degrees* magazine, access to Pro Offers for deals on snowsports gear, and to be part of a community dedicated to learning and teaching others. Sign-up at <a href="https://members.thesnowpros.org/register">https://members.thesnowpros.org/register</a> to obtain a membership that runs from July 1<sup>st</sup> through June 30<sup>th</sup> each year.

#### Compensation/Reimbursements

Schweitzer SRS will provide the following monetary assistance for your professional development as an instructor (must meet the minimum requirement of 16 scheduled days and attend all required trainings to be reimbursed):

- Increase in hourly wage following a successful exam for any Level 1, 2, or 3 certification.
  - Base pay will be reconfigured based on any new certification received. The new pay rate will begin at the start of the new pay period after successful completion of the exam and submitting your pass certificate.
- Reimbursement of ANY (Level 1, 2, 3, or specialist track) PSIA/AASI certifications passed.
  Reimbursement will occur after MLK day on the <u>following</u> season after successful completion of an exam.
- Reimbursement of annual PSIA-AASI dues after MLK day of the upcoming season (e.g., Dues paid on or before December 20th, 2024, will be reimbursed after MLK day in 2025). Schweitzer SRS will NOT pay any late fees, ONLY the amount of the NW Region dues.
  - Members must be current and active (CEU's up-to-date)

# Scholarships

For those looking for or needing financial assistance to attend events, the Northwest Region and National Level provide opportunities to apply for scholarships on an annual basis. The amount and deadlines will vary based on each scholarship. Below are the links to each page to view more details on the options available.

- National Scholarships (Deadlines vary) https://www.thesnowpros.org/education/scholarships/
  - PSIA-AASI & Women of Winter Scholarship Deadline 9/30/2024



- Adaptive Education Track Scholarship Deadline 10/31/2024
- Nancy Oakes Hall Women's Scholarship Deadline 10/31/2024
- Certification or Specialist Education Track Scholarship 10/31/2024
- Veteran Workforce and Education Track Scholarship 10/31/2024
- Northwest Scholarships https://www.psia-nw.org/membership/scholarships/
  - Any Northwest member in good standing for at least two continuous seasons is eligible to apply for an event registration fee or NW bookstore scholarship. Each season, applications are due on December 15<sup>th</sup>.

#### **Event Calendar**

Each PSIA-AASI region provides a calendar, on their website, of events that are held at various mountains throughout the region. This includes all disciplines, training events, and exams for certifications. To view the Northwest Region calendar, go to <a href="https://www.psia-nw.org/events/">https://www.psia-nw.org/events/</a>. The calendar is continuously being updated throughout the season, so check back often or call the Northwest Region office (in Wenatchee) for any questions.

Phone (Text or Call): (206)-244-8541

Email: info@psia-nw.org

Below are examples of events that will be held at Schweitzer. (See 2024/2025 Training Schedule/Calendar for dates). Due to the new reimbursement policy - these events will be in place of "member school" clinics. Please sign up through PSIA/AASI for a clinic on a topic you are interested in and plan to attend **all day** to keep your CEU's current.

- <u>NW Trainer Program (By Invite only)</u> Each month, November through April, trainers from various mountains in the PSIA-AASI NW region come together to collaborate and work on developing skills for training at their home mountain. Spots are limited and for level 2 certified instructors or higher. If you are interested in participating in this program, please see the Schweitzer SRS Director.
- <u>Getting My Feet Back</u> Has it been a few months since you slid on the snow? Or just looking to have a few tips and tricks to get your skiing back for the holidays? Then this clinic is for you. During this clinic, you will work on getting your feet back underneath you, and enjoy some early season snow, simple as that. We know it's hard to find the time to just work on yourself, so we'll help with that and work on your sliding on the snow all day. Have fun and improve win-win.
- <u>Children's Specialist 1 (CS1)</u> This two-day certification is for those looking to enhance their skills and become certified in teaching children. Maybe you are new to teaching children and want some more resources or perhaps you are curiously wondering what the certificate program is all about and how it can be helpful when teaching kids? With those questions, and more we didn't think of, this certificate program is for you. Through this course you will learn more about how children think, feel, and move. You will gain knowledge on how to keep them engaged, and explore the different ways of teaching the small learner. During this program, you will be assessed on your teaching, technical, and sliding demonstrations, specific to the age, and state, of the client.



- <u>Freestyle Specialist 1 (FS1)</u> A two-day course available to any Level I or higher PSIA-AASI member. Principles of the ATML model, teaching cycle, theories and professional knowledge will be covered. Identification of critical skills and skill blending including freestyle specific movement pattern techniques that allow for efficient outcomes. A FS1 certificate is awarded based upon the degree of participation and understanding including the knowledge and comprehension and application and analysis of course material and completion eLearning course.
- <u>Seeing Through the Trees Alpine</u>: An immersive educational clinic designed to enhance your tree skiing skills and teaching techniques. You'll explore essential techniques for navigating tight spaces, managing varying snow conditions, and ensuring safety while skiing among the trees. In addition to practical skills, the clinic will emphasize teaching methods tailored to different learning styles, enabling instructors to effectively communicate and demonstrate these skills to their students. By the end of this clinic, participants will leave not only as more skilled tree skiers but also as more confident and capable educators, ready to inspire their students to explore the thrill of skiing in the trees.
- Shooting the Gap (Through the Trees) Snowboard: An immersive educational clinic designed to enhance your riding skills in the trees and teaching techniques. You'll explore essential techniques for navigating tight spaces, managing varying snow conditions, and ensuring safety while riding through the trees. In addition to practical skills, the clinic will emphasize teaching methods tailored to different learning styles, enabling instructors to effectively communicate and demonstrate these skills to their students. By the end of this clinic, participants will leave not only as more skilled tree riders but also as more confident and capable educators, ready to inspire their students to explore the thrill of riding in the trees.
- <u>Improve My Skiing/Riding</u>: This clinic will work on improving your skiing/riding, simple as that. We know it's hard to find the time to just work on yourself, so we'll help with that and work on your sliding on the snow all day. Have fun and improve win-win